



John Adams, TMM Participant

Addiction was tearing John's life apart. Early trauma in his life left a deep hurt inside John, and the only way he knew how to deal with it was with drugs and alcohol. He lived with self-pity, which was like quicksand, taking him deeper and deeper into despair.



John's first encounter with TMM was with Doris and Thomas in our Access Center. Your support allowed John to take a shower, get clean clothes, and eat his meals with us. Doris and Thomas shared with John that he needed more than our emergency services - he needed a life-change.

When John finally agreed to give TMM's Recovery Program a chance, he was fully committed. John desperately wanted to learn a better

way of life. He listened to everything his sponsor suggested to help him change.

Your support taught John how to cope differently. He now is honest with himself and has found the inner strength to move forward in a positive direction. The self-centered person has been replaced with someone focusing on service to others.

Your support taught John how to cope differently. He now is honest with himself and has found the inner strength to move forward in a positive direction.

John has a bright future ahead of him. He is waiting for a job placement and has been matched for housing. Because of you, he is on his way to a life of self-sufficiency.

Peter M., TMM Alumnus

Peter came to LA from New York, hoping for a better life. It didn't happen.

When he arrived here, he found a place for a couple of weeks but was soon back on the streets. Peter sat on the sidewalk across the street from The Midnight

Mission every day, watching people go in and get help. Sadly, his desire to drink won over his desire to get help for himself.

One cold and rainy winter day, Peter decided he was ready to get sober and change his life. Summoning all his courage, he walked across the street and entered our Recovery Program. After only a few days, Peter's fear turned to excitement. He started helping in our warehouse and on the loading dock. Peter was on his way to a new life because of you.

After graduating, Peter moved back to NY so his family could see the change in his life. While there have been difficult days, he has never forgotten what he learned at TMM.

Peter celebrated eight years of sobriety in April of 2022. He works on the Recovery Campus in NY, sharing his experience, strength, and hope with people seeking sobriety. He truly wants to help them because he lived that life and knows exactly how they feel.

Peter celebrated
eight years of
sobriety in April of
2022. He works on
the Recovery Campus
in NY, sharing his
experience, strength,
and hope with people
seeking sobriety.

Peter always has a word of encouragement for anyone wanting to change their life. You helped make Peter's new life possible.

YOUR **IMPACT** IN 2022



886,997
Nutritious
Meals Served



128
Families
Served



80,950 Sack Lunches Provided



31,963
Volunteer
Hours



681
Job Counseling
Hours



1,997AA Meetings



134
Job Placements



21,250
Food Boxes
Distributed



84 Permanent Housing



31,625
Hygiene Kits
Distributed



178,847_{Restroom Access}
1,071,869_{Lbs} of Food Donated
48,054_{Showers}

LIFE CHANGING PROGRAMS AND SERVICES

RECOVERY Our Comprehensive Recovery Program not only helps to end the cycle of homelessness, it improves the quality of life for anyone who comes through our doors. Our staff actively engages with participants to motivate and sustain change. With strong educational, vocational, legal and health and wellness resources, our customized program gives each person the tools they need to become self-sufficient.

EMERGENCY HOUSING The Crisis and Bridge Housing Program works in partnership with homeless service providers serving chronically homeless women and men in the Skid Row community. Your gifts provide on-site medical and mental health care, temporary housing, meals, case management and service triage, access to our on-site school, computer learning center, job and career counseling, and connections with housing resources to quickly end their episode of homelessness.

HOMELIGHT HomeLight Family Living provides the path for families in crisis to reunify, rebuild and restore their lives. You provide education, career preparedness, counseling, and life skills to break the cycle of abuse and poverty and ensure independent, successful living.

MEALS At TMM, our meal service is our initial engagement with those experiencing homelessness. A meal becomes the starting point in rebuilding a broken life. There is a significant need for meals for those who are impoverished, disabled, elderly, or supporting a family with limited resources.

EDUCATION At TMM, we strongly believe that an investment in education pays lifelong dividends for each of our participants. On average, 35% of those entering our program do not have a high school diploma or GED, so our Academic and Career Excellence Center (ACE) is a vital component to their future success. You provide education opportunities to our participants that increase their chances to enter the job market where they can earn a living wage and much needed benefits.

HEALTH The Midnight Mission's (TMM) Healthy Living Program is a residential program where participants stay an average of 12 months. The program encompasses primary healthcare, fitness classes, and exercise opportunities designed to improve physical, social, and emotional health. Many of our participants, who are homeless or low-income individuals, have long-overlooked chronic health conditions, including those prioritized by California Hospital Medical Center – obesity, diabetes, mental health issues, and oral health problems.



Please call us at (213) 624-9258 or visit www.MidnightMission.org for ways to give.

BECAUSE OF YOU...

People experiencing homelessness are offered a bridge to self-sufficiency through recovery services, counseling, education, training, workforce development, and continued care services. People experiencing homelessness have the necessities of life: food, shelter, clothing, personal hygiene needs, and medical care. We remove obstacles and provide the accountability and structure that people who are experiencing homelessness need to be productive in their communities. Our conviction and commitment to their success define us.

Your support will allow The Midnight Mission to provide a path to self-sufficiency to individuals and families who have lost direction.



601 S San Pedro St | Los Angeles, CA 90014 (213) 624-9258 | www.MidnightMission.org

